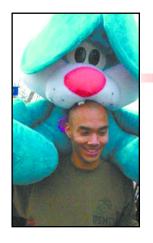


Ron Fontaine/U.S. Navy photo

SWING SHIFT — Coast Guard Seaman Travis McNeely, left, guides an Aid to Navigation buoy off the cutter Ida Lewis at Pier Two this week. Assisting is Boatswain's Mate Ryan Pitts, on deck.



All welcome at toy run

The Marine Corps Detachment invites all hands for its annual Toys for Tots run next Monday.

— Page 2



Sailors get the needle

With warnings of an early flu season ahead, Naval Station Newport personnel line up for vaccines at Building 690.

— Page 3



Old sea story seen accurate

Naval historians rate actor Russell Crowe's new movie, Master and Commander—The Far Side of the World, as historically accurate.

— Page 11

With Thanksgiving around the corner, we have once again arrived at the time of year when we come together with family and friends to celebrate

our health and good fortune.

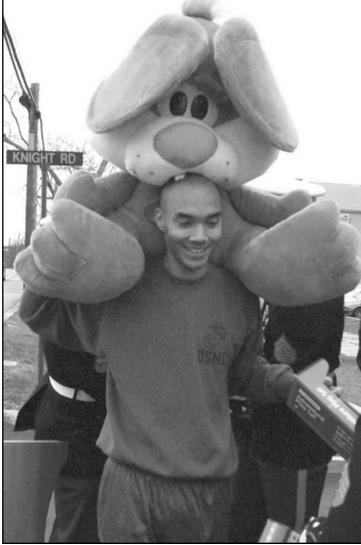
Navalog contributor

In keeping with the spirit of the season, it is important that we pay particular attention to those children who may have been affected by difficult times throughout the year.

The Naval Station Newport (NAVSTA) Marine Corps Detachment (MARDET) invites all hands to join them on Nov. 24 at 3 p.m. in the Marine Corps sponsored Toys For Tots Run. Participants in the event are encouraged to run or walk the two-mile course while carrying a new, unwrapped toy for a local boy or girl. The toys will be collected at the end of the race for later distribution to children in the area.

The Marines will provide road guards and a safety vehicle to lead participants around the course. Service teams are welcome from all military branches as are department teams comprised of civilian support staff members. This is a great opportunity to foster healthy inter-service competition, where area children will all end up winners.

The course will start and end in front of the Marine Corps Detachment Headquarters on



Bon Fontaine/U.S. Navy photo

Sgt. Kenneth Barber, U.S. Marine Corps Detachment, carries a huge stuffed animal in the Toys for Tots Run in 2001. The Marines will hold the 2003 run on Monday.

For questions regarding this McGee at 841-2759/60.

Taylor Drive next to Gym 109. event, contact Capt. Tom

Patriotism theme of essay contest

Fleet Reserve Association's in good standing or by a char- Chairman at FRA National (FRA's) National Committee on tered FRA Branch or LA FRA Headquarters in Alexandria, Americanism-Patriotism has "What Patriotism Means to Me" as its theme for or Unit members must be subthe 2003-2004 Americanism mitted to their respective Essay Contest.

\$5,000, \$3,000 and \$2,000 savwinners in each grade catego-

to all students in Grades 7 through 12 (including those members of the FRA or its 1924. Ladies Auxiliary (LA FRA).

ALEXANDRIA, Va. — The sponsored by an FRA member be forwarded to the National Unit.

Branch Americanism Chair-This year's awards include a man by Dec. 1, for judging at grand national prize of a the Branch level. Entries spon-\$15,000 savings bond, with sored by Members-at-Large must be submitted to the ings bonds awarded to the National Americanism-Patriofirst, second and third place tism Chairman at 125 N. West Street, Alexandria, Va., 22314-2754, postmarked no later FRA's essay contest is open than Dec. 1. To obtain contact information for your area, visit FRA's branch locator at who are home schooled) and is http://www.fra.org/branches/in not restricted to children of dex.html, or call 1-800-FRA-

However, each entrant must be grade level in every region will mit only one essay each year.

Va. All regional winners will be Entries sponsored by Branch judged at the national level and will receive a certificate of recognition. Other prizes are awarded at the Branch and Regional levels. National winners will be announced in the July 2004 issue of Naval Affairs magazine.

All judging of essays is anonymous. Students should include their name on the cover sheet only; NOT on the essav.

The essay must be on the theme designated and must not exceed 350 words.

The essay shall be legibly written or typed on one side of First place essays from each the paper. A student may sub-

Open season begins on health benefits

Open season for Federal receive on Jan. 30, 2004. Employee Health Benefits began Nov. 10 and will run through Dec. 8. Any eligible employee who is not currently registered may enroll, and any employee currently enrolled may change from one plan or option to another, from self only to self and family, or make a combination of these changes.

It is each employee's responsibility to review the 2004 plan booklet for his or her current enrollment to become familiar with the benefit changes.

If you elect or change your health insurance during the 11, 2004. Your new health cov-

Enrollees who wish to continue their current enrollments do not need to take any action during this open season. However, enrollees whose plans will not be participating in the FEHB Program Jan. 10, MUST enroll in a different plan to continue FEHB coverage in calendar year 2004.

If you do not elect another health benefits plan during open season, you will not have health insurance coverage under FEHB effective Jan. 11,

For 2004 there are over 30 FEHB Open Season, your cov-new plans entering the FEHB erage becomes effective Jan. program. Employees are encouraged to review the erage premiums will be reflect- information provided at ed on your LES that you http://www.opm.gov/asd/htm/b

Navy/Marine Corps Relief to mark centennial in '04

The Navy-Marine Corps first funds were raised during 100th birthday in January start the society.

service, the agency, whose sole purpose is to render aid to service members of the Navy and Marine corps in times of crisis and need, have disbursed more than \$1 billion in interest-free loans and grants to more than one million Sailors, Marines and their families.

tions, beginning with the Army-Navy football game on Dec. 6, the venue where the

Relief Society will celebrate its half-time of the 1903 game to

In Newport, mark you calen-During the first 100 years of dar to join us for birthday cake on Friday, Jan. 23.

Throughout the year other activities proposed include host command-sponsored quiz nights, a Naval Academy Prep School (NAPS) home baseball game, picnic/barbecue, a fun run and more. Join in the festivities with innova-Many events are on tap for tive ideas that your command national and local celebra- can sponsor to help keep NMCRS in the spotlight in

Call 841-7342.



Capt. Robert P. McLaughlin Jr.

David Sanders NAVSTA Public Affairs Officer

Ron Fontaine

NAVSTA Public Affairs Staff

Bob Krekorian

NAVSTA Public Affairs Staff Joy Christmas

Greg Kohlweiss NAVSTA Public Affairs Staff

Richard Alexander

NAVSTA Public Affairs Staff The Newport Navalog is published weekly by Edward A. Sherman Publishing Co., a pri vate firm in no way connected with the U.S. Navy, under exclusive written contract with the Naval Station Newport.

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The Newport Navalog is printed on recycled paper.

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War College graduates 105 in November class

Adm. William J. Fallon, Com- rates invigorating debates and My charge to you is to be Command, and Commander, U.S. Atlantic Command, was the guest speaker for ceremonies graduating 105 students from the November Naval War College (NWC) class on Nov. 14.

The commencement, held in Spruance Auditorium, culminated a rigorous, year-long, academic curriculum for the graduates, consisting of Strategy and Policy, Joint Military Operations, and National Security Decision Making. Along with these core subjects, students were also challenged with elective courses. The Naval War College curriculum seminar-based

mander, U.S. Fleet Forces in-depth discussions on case studies.

> Adm. Fallon challenged the lon. new graduates to be flexible and ready to act as they immerse in their positions of greater responsibility or countering security threats, wherever they are stationed.

Fallon deemed the graduates "the backbone of critical thinking" in the Navy and urged them to adapt to rapidly changing world conditions.

Enormous changes in technology and the political map of the world require that military officers remain flexible to new ideas, he said.

"You are poised, ideally, to jump out of here and to be coursework which incorpo- principal instigators of change. NWC, Page 13

change agents, to get out there and just do it," said Adm. Fal-

Also speaking was Rear Adm. Ronald Route, President of the War College, who told the graduates to rely on their critical thinking skills exercised while at NWC when faced with making difficult, but sound decisions.

The NWC fall Class of 2003 included 38 senior military officers and federal government civilians in the College of Naval Warfare; 45 mid-career U.S. military officers and federal government civilians in the College of Naval Command and Staff; and 22 U.S. military officers and federal govern-



PHC Bob Inverso/U.S. Navy photo

TOP GRADUATE — Cmdr. Dominic DeScisciolo, College of Naval Warfare, receives the Honor Graduate Award from Adm. William J. Fallon, Commander, U.S. Fleet Forces Command and U.S. Atlantic Fleet, during graduation ceremonies last Friday for the November Naval War College Class.

Flu season arriving early; new vicious strain detected

YOKOSUKA, Japan (NNS) Colds and flu make us feel lousy each year, and can cause serious complications. Knowing the symptoms, providing supportive treatment, and seeking medical care at the appropriate time are impor-

Final flu shots healthwill be given in the c a r e conference room meaof Building 690 on sures. Nov. 24.

Page 7

minor respiratory illnesses. There are more than 100 viruses that cause colds. After a brief incubation period, a cold will produce a mild to moderate fever, runny nose, a mild cough and perhaps a sore throat. Symptoms will last seven to 10 days. Most people will quickly recover, especially if they drink plenty of fluids, get extra rest, and take medication to reduce fever and discomfort.

The Center for Disease Control and Prevention said the nation could face a severe influenza outbreak this year. The season has started much more quickly than usual.



Richard Alexander/U.S. Navy photo

GETTING THE POINT — Mess Management Specialist First Class Broadus Brooks, right, NAVSTA Food Service, lines up with other military members for his flu shot at Building 690 last week. Administering the vaccine is Hospitalman Silvia Reyes, Naval Ambulatory Care Center.

A strain of the flu virus. called H3N2 Fujian, was not specifically included in developing the vaccine. This year's vaccine includes another variant of the H3N2.

Influenza (flu) is a more intense and potentially serious illness. Similar to the common

cold, influenza is spread when an infected person coughs or sneezes. Influenza symptoms include fever, muscle aches, headache, lack of energy, dry cough, sore throat and runny nose. The fever and body aches can last three to five days, and

FLU, Page 13

Newport Naval Cable TV

Marines, firefighters train for terrorism

News airs daily at 8:30 a.m., noon and 5:30 p.m. on channel 11. Look for the following stories and more on this week's

for the V-22 Osprey's Integrated Test Team.

Marines and New York City firefighters train together to stay prepared for the worst.

Moviegoers in Washington, D.C., get a sneak preview lighting the Navy Marine (TBD) through Jan. 4, 2004.

Navy and Marine Corps Corps mission in Operation Iraqi Freedom.

U.S. Navy Band holiday concert to air Dec. 24

The Naval Media Center has - Meet the chief test pilot announced the ninth annual broadcast of the U.S. Navy Band Holiday Concert 2003, will be aired Wednesday, Dec. 24, at 3 p.m. on channel 13.

This concert comes to you from DAR Constitution Hall in Washington, D.C., and will be of a new theatrical trailer high- rebroadcast numerous times



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YNC Ginamarie Doherty/U.S. Navy photo

Capt. Mark Buzby, left, Commanding Officer, Surface Warfare Officers School Command, presents the Vice Adm. Bulkeley Award to Cmdr. Eugene Black III, left photo; and the The American Society of Naval Engineers Award for 'top snipe' to Cmdr. Michael G.

PCO Class 219 holds graduation

By YNC(SW) G. DOHERTY SWOSCOLCOM Public Affairs Officer

Prospective Commanding Officer (PCO) Class 219 graduated on Nov. 6 at Arleigh Burke Hall, Surface Warfare Officers School Command.

Capt. Mark H. Buzby, Commanding Officer, Surface Warfare Officers School Command, presented awards for academic achievement.

Cmdr. Michael A. Hegarty was awarded The American Society of Naval Engineers Award for the highest standing in engineering based on class participation and performance in the operational seminars and restricted maneuvering doctrine boards.

Cmdr. Eugene H. Black III was awarded the Vice Adm. Bulkeley Distinguished Graduate Award for most closely resembling the characteristics of boldness, initiative, tactical acumen, exacting standards, and refinement.

Cmdr. Michael J. Slotsky was awarded The Armed Forces Communications Electronics Association Award for the highest standing in Combat Systems based on exams, class participation, and battle order preparation.

The graduates and their follow-on duty stations are:

Cmdr. Eugene H. Black, III, USS Mason (DDG 87)

Lt. Cmdr. Jeffrey R. Cronin, USS Oriole (MHC 55)

Cmdr. Andrew F. Cully, USS John Paul Jones (DDG 53) Cmdr. Mark J. Englebert, USS Vin-

Cmdr. Richard N. Fox, USS Rush-

more (LSD 47)

Cmdr. Michael A. Hegarty, PCU Nitze (DDG 94)

Cmdr. Aaron C. Jacobs, USS Decatur (DDG 73) Klakring (FFG 42) Cmdr. Todd W. Leavitt, USS Win-

ston S. Churchhill (DDG 81) Cmdr. Robert G. Marin, USS Gary (FFG 51)

Capt. Peter D. Murphy, USS Tarawa (LHA 1)

Cmdr. William J. Nault, USS O'Kane (DDG 77)

Cmdr. Thomas M. Negus, Gunston Hall (LSD 44)

Cmdr. Brian C. Nickerson, USS

Cmdr. Frank J. Olmo, USS Lassen (DDG 82)

Lt. Cmdr. Michael B. Riley, USS Dextrous (MCM 13)

Cmdr. Michael J. Slotsky, USS Preble (DDG 88)

Cmdr. Charles L. Stuppard, USS Arleigh Burke (DDG 51)







FC2 Schroder

SWOS recognizes Sailors of Quarter

BV ENSIGN SCOTT MEIS Navalog contributor

Surface Warfare Officers School Command (SWOSCOL-COM) recently announced its selection for Sailor and Junior Sailor of the Quarter for the third quarter of this year.

Machinist's Mate First Class (SW) William Leikam was honored as the command's Sailor of the Quarter. Leikam was chosen for this award based on his technical prowess and overall dedication as a SWOS instructor.

As the SWOS Advanced Steam Engineering Course coordinator, Leikam prepared all course schedules and student materials, the command said. In addition, he tracked student's orders, facilitated student inquiries,

SAILORS, Page 13

3 ensigns finish flight screening

By ENS. DAVID OWENS

Naval Academy Prep School

Three newly commissioned ensigns temporarily assigned to the Naval Academy Preparatory School (NAPS) recently completed Introductory Flight Screening (IFS).

Ensign Sandeep Dasgupta, Ensign Kevin Jordan, and Ensign David Owens_May 2003 graduates of the U.S. Naval Academy in Annapolis, _ were assigned to NAPS to help prepare midshipmen candidates to enter the Naval Academy with the Class of 2008. They instructed in areas such as physics, study skills, and information technology.

IFS is the first step in Navy air training. It was developed to decrease flight related attri-

tion by introducing qualified candidates to the fundamentals of aviation. Students are exposed to the fundamentals during 25 hours of civilian flight instruction and about 35 hours of ground instruction.

The program goals are to improve student pilot quality and confidence through hands-on flight experience, identify student pilots who lack either the motivation or aeronautical ability to succeed, and provide the Navy with better-prepared students with an increased appreciation of the challenges of flight training.

IFS entry requirements are designated as Students Naval Pilot (SNP-1395) with no prior-FAA recreational, pilot or high-

ENSIGNS, Page 12

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Learn to your best price for that fancy car

So you want a new car? An you and your dream car is the iday joy by lowering holiday car dealer. How do you get the

image of your dream car hov- to the Fleet and Family Supers in your mind—it is shiny, port Center on Wednesday, colorful, and purrs like a kit- Dec. 3, from 8 to 9 a.m., to hear without getting into debt. ten. But, standing between suggestions on increasing hol-

Holiday spending — Come expenses. Participants will be lunch to this informative important to check your tax given some ideas on how they workshop on Wednesday, Dec. withholding; and other taxcan get through the holidays 10, from 11:30 a.m. to 1 p.m., at savings advice.

Call 841-2283 to register. Tax strategies — Bring your and stay organized; why it's register, call 841-2283.

the Fleet and Family Support Center. Hear how you can get

For more information or to

Fleet and Family **Support Center**

best car for a fair price?

Come to the Fleet and Family Support Center on Tuesday, Nov. 25, from 11:30 a.m. to 1 p.m., to find out how to gather your resources and be well informed.

Call 841-2283 to register.

The credit process — Good credit is an important part of financial planning. Establishing credit, correcting credit problems, and rebuilding good credit are important skills. Credit reports are used not only by banks, loan companies, and credit card companies, but also by rental property agencies, potential employers, and can be part of a job security clearance process.

A representative from the Navy Federal Credit Union will be conducting this program at the Fleet and Family Support Center on Tuesday, Dec. 2, from 11:30 a.m. to 1 p.m. Come and learn how to read, understand, and correct your credit report.

Registration is required. Call 841-2283.

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Enrollment is open all year, to military beneficiaries of all ages. For more information, visit www.brightonmarine.org or call 1-800-818-8589.







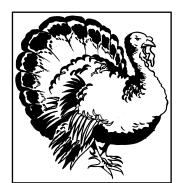


Ney Hall open for Thanksgiving

Thanksgiving is the heaviest traveled holiday of the year, when family and friends unite for a special meal to give thanks for each other and blessings throughout the year. Home for the holidays, brings on special sentiment for military personnel on duty around the globe protecting one of the country's most precious blessings — freedom.

For those unable to make it home for the holiday this year, the staff at Nev Hall Galley at Naval Station (NAVSTA) Newport will ensure you still enjoy a traditional, old-fashioned home-cooked Thanksgiving

Thanksgiving Day, On Thursday, Nov. 27, dinner will



be served from 2:30 to 5 p.m. All hands are welcome. Cost is \$5.25 per person for those without meal passes.

The menu includes: **Appetizers** Shrimp cocktail Carrot sticks Stuffed celery sticks

Homemade pumpkin soup Main course:

Roast tom turkey with gravy Baked spiral ham with pineapple sauce

Prime rib with au jus Fresh mashed potatoes Candied sweet potatoes Savory bread dressing Broccoli with cheese sauce Baked acorn squash Dinner rolls Fresh garden salad

Desserts:

Assorted fruit pies Assorted cookie tray Cheese & cracker tray Creamy chocolate pudding with whipped topping

Fruit flavored gelatin with whipped topping

Decorated cake



BIKE FOR CHRISTMAS — Ben Hamilton, 10, son of Maj. Phillip and Kim Hamilton poses with his new Mongoose bike he won in a special chance Drawing with the grand opening of the Toyland department in the Navy Exchange. Looking on are Maj. Hamilton, right, a Naval War College student, and Robin Joseph, NEX general manager.

What's going on

Let's run with Toys for Tots

The Marine Corps Detachment (MARDET) at Naval Station Newport will hold it annual Toys for Tots Run on Monday, Nov. 24. All hands, teams and individuals are invited and encouraged to take part.

Participants carry a new unwrapped toy on a two-mile walk (or run) that will be collected at the end of the race and given as a holiday gift to a local boy or girl.

The course will start and end in front of the MARDET Headquarters building, north of a.m. Gym 109. For more information, contact Capt. Tom McGee, 841-2759/60.

TODAY, Nov. 21

- Armed Services YMCA (846-9622):
- Fitness Hour, 9 to 10:30 a.m.
- A Spending Plan, 9 a.m. to 10 a.m.
- Lil' Chefs, 10:30 a.m.
- Big Kids Game Night, 6 to 9
- Scrapbooking, 6 p.m. to mid-
- Soup kitchen at Martin Luther King Center, 8:30 a.m., Dr. Marcus Wheatland Boulevard, military volunteers welcome. Also, Salvation Army, Memorial Boulevard, welcomes military volunteers, 5 to 5:45
- Festival Ballet presents "The Nutcracker," 7:30 p.m., Providence Performing Arts Center, Providence. Call 421-ARTS, or visit www.festival-
 - · Recreation Center movies are

shown upon request beginning tonight: The Hulk (PG-13); Legally Blond 2; Red, White & Blonde (R)

SATURDAY, Nov. 22

- Fleet and Family Support Center:
- Men 2 B training (Part II), 9 a.m. to 3:30 p.m. Designed for any man who wants to be a positive role model for young males.
- Christmas at the Newport Mansions open through Jan. 4, 10 a.m. to 6 p.m. Marble House, The Elms and Breakers are decorated in Period ornament and open for touring for holiday season. For more information, call 847-1000, or visit www.NewportMansions.org.
- Military Appreciation Basketball Night, Providence College vs. Hofstra University, Dunkin' Donuts Center, Providence, 7:30 p.m. Tickets are \$5 per person. Call 865-2733.

SUNDAY, Nov. 23

- Chapel of Hope Sunday worship
- Protestant service, 8 and 10:30

Catholic mass, 9 a.m. and

- Sunday Morning Bird Walks, 8 a.m., Norman Bird Sanctuary. For
- more information, call 846-2577, or visit www.normanbirdsanctuary.org. • Sunday Brunch, Officers' Club, 10 a.m. to 12:30 p.m.
- Sunday bowling, Seaview Bowling Lanes, Building 656, \$7 per person, two-person minimum per lane.
- Guided Bird Walk, 8 a.m., Norman Bird Sanctuary (NBS), 846-
- Soup kitchen, 4 to 4:45 p.m., Salvation Army, Memorial Boulevard, military volunteers welcome.

MONDAY, Nov. 24

- Armed Services YMCA (846-9622):
- Volunteer Day, 9 to noon.
- Nantucket Basketweaving, 6 to
- Adult Open Sewing, 6 to 9 p.m. • Fitness Walk and Tone, 8 to 9
- Soup kitchen, 8:30 a.m. Martin

Luther King Center, Dr. Marcus Wheatland Boulevard, military volunteers welcome; 11:30 a.m., St. Joseph's Church, Broadway, Newport; 5 p.m., Trinity Church, Queen Anne Square, Newport.

TUESDAY, Nov. 25

- Armed Services YMCA (846-9622):
 - Fitness Hour 9 to 10:30 a.m.
- -Kids Sewing, 3 to 5 p.m.
- Navy Choristers rehearsal, 6:15 to 8:45 p.m., Quinn Lecture Room at Naval War College. Call 847-4256 or 423-3523 for more information.
- Soup kitchen, 8:30 a.m., Martin Luther King Center, Dr. Marcus Wheatland Boulevard, Newport; 5 p.m., United Baptist Church, Spring Street, Newport. Military volunteers
- Car Buying Workshop, 11:30 a.m. to 1 p.m., Fleet and Family Support Center. Call 841-2283
- Holiday Art Exhibit continues through Dec. 24., Bert Gallery, 540 South Water Street, Providence. select original paintings, photographs and prints by local artists on display for the holidays. Guided Bird Walk, 8 a.m. Call 751-2628, or visit www.bertgallerv.com.
- •Officers' Club movie night, 6 p.m., Dumb & Dumber: When Harry Met Lloyd (PG-13); 8 p.m., Gigli (PG-

WEDNESDAY, Nov. 26

- Armed Services YMCA (846-
- Fitness Hour, 9 to 10:30 a.m. • Fleet and Family Support Center
- Federal Job Application Workshop, 11:30 a.m. to 1 p.m. Learn how to research and apply for jobs in the federal government.

THURSDAY, Nov. 27

- Thanksgiving Day.
- Thanksgiving Dinner, Ney Hall Galley, 2:30 to 5 p.m., \$5.25 Per person without meal pass. All hands welcome.
- Soup kitchen Thanksgiving Dinner, 50 Washington Square, New-

Military to get discount on 'Messiah' admission

Military servicemembers tures members of the Rhode can see a full length professional production of Handel's Messiah this month at less than half the regular adult admission price.

The Rhode Island Civic Chorale and Orchestra will perform the classic celebration of the birth of Christ at St. Joseph's Church on Broadway at Mann Avenue in Newport on Nov. 30 at 2:30 p.m.

chorale, the performance fea-

Island Philharmonic Orchestra and two of Rhode Island's most popular soloists — Mezzosoprano Valerie Nicolosi and baritone Rene De La Garza. Soprano Christi Amonson of New York City and tenor Richard Kennedy, a faculty member at Pennsylvania State University, will also be featured as solo performers.

Tickets will be \$8 with a mil-In addition to the 70-voice itary ID at the door. Regular admission is \$22.



Wave Ave.. Middletown (behind Flo's Clam Shack) 846-3357

OVER FLO'S

Special events

PC invites military

PROVIDENCE — Providence College fans are gearing up for another exhilarating winter of Friar basketball. The Friar's men's basketball team invites military personnel and their families to its annual Military Appreciation Night on Saturday, Nov. 22 at 7:30 p.m. for their game against Hofstra.

The game will be played at the Dunkin' Donuts Center. Tickets are \$5 per person. Group benefits are available featuring reserved group seating, discounted tickets, a welcome announcement at the game, as well as the name of the group appearing on the scoreboard during the game.

Call 865-2733 to order tickets or for further questions.

Marines organize toy run

The Naval Station Newport (NAVSTA) Marine Corps Detachment (MARDET) invites all hands to join them on Nov. 24 at 3 p.m. in the Marine Corps sponsored Toys for Tots Run. Participants in the event are encouraged to run or walk the 2-mile course while carrying a new, unwrapped toy for a local boy or girl. The toys will be collected at the end of the race for later distribution to children in the area.

This is a great opportunity to foster healthy inter-service competition, where area children will all end up winners.

The course will start and end in front of the

Marine Corps Detachment Headquarters on Taylor Drive north of Gym 109. For questions regarding this event, contact Capt. Tom McGee at 841-2759/60.

Wright Brothers salute

EAST GREENWICH — The local aviation and military community will mark the 100th anniversary of the historic flight by the Wright Brothers with dinner at the Varnum Armory in East Greenwich on Dec. 16.

Hosted by the USS Saratoga Museum Foundation, the evening will begin with a cocktail a copy of orders on station for open Nov, 30 at 8 a.m. Please reception and tours of the armory at 5 p.m., followed by dinner and a speaking program at 7.

Tickets are \$35 and can be purchased by calling 521-3600.

Think skiing with Sno-Jam

Join Commander, Navy Region Northeast (CNRNE) for Sno-Jam 2004 at Berkshire East Ski Resort in Charlemont, Mass., from Feb.6 to 8.

Sno-Jam ski package includes: two nights of lodging, three-day and two-night lift ticket, free lessons, the CNRNE giant slalom race, the schussboomer race, Sno-Jam awards banquet and free T-shirts.

The price is \$130 per adult, kids stay free in parent's room and ski for half-price.

To register or for more information, call Dan Tusiski, FSO Boston at (617) 242-5672, DSN

Thrift Shop open to naval reservists

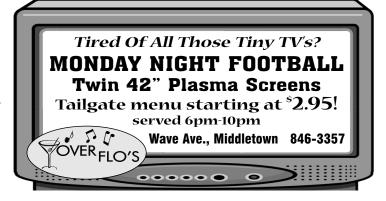
obligation, will be allowed active duty personnel. This Navy-Marine Corps Relief policy is in effect immediately. Society Thrift Shop privileges.

11 a.m. to 1 p.m. We can hold Nov. 25 at noon, and will reeasy referral.

Access to certain items such during this period.

Naval reservists in a drilling as uniforms will be subject to status, who can provide a copy restrictions as necessary to of orders that describe their ensure sufficient inventory for

The Thrift Shop donation The Thrift Shop is open bin on base will be closed for Tuesdays and Thursdays from the Thanksgiving holiday on do not make any donations



Got a story for us? Call 849-3300 Ext. 250 or e-mail News@NewportRI.com

Announcements

Get some help kicking the habit

The Great American Smokeout was yesterday, but if you are still fighting that nicotine urge, the Health Promotion Department has scheduled four-week Smoking Cessation programs beginning next month.

The dates are:

- Dec. 1, 8, 15 and 22 at noon at the Health Promotion Department (second deck), Naval Ambulatory care Center.
- Jan. 8, 15, 22 and 29 at noon at Gym 109
- Jan. 8, 15, 22 and 29 at 6 p.m. at NACC

For More information or to sign up for a class, call Health Promotion at 841-6777

Commissary to open Monday as convenience

In an effort to meet customer Thanksgiving shopping needs, the Commissary Store at Naval Station (NAVSTA) Newport will be open Monday, Nov. 24, from 9 a.m. to 6 p.m.

Health Benefits Fair pamphlets available

All pamphlets left over from the Health Benefits Fair are available in the Atrium of Building 690, Naval Station Newport, said Karen L. Peck-Department.

Included are pamphlets from Blue Cross/Blue Shield, Blue Chip, APWU, Mail Handlers, and the National Association of Letter Carriers. Pamphlets will be available until Dec. 8, or until the supply is depleted.

Letters from Santa

Make a child's Christmas extra special by requesting a personal letter from Santa!

Mom or dad may call Jeff Dunn, the Military Youth Activities Director at Gym 109, and provide their child's name and other information needed to customize the letter (teacher's name, special gifts wanted, names of siblings, pets, interests, etc.)

Provide a stamped envelope, and Santa will address it and send the child a personalized letter. Children's information can be dropped off at the director's office in Gym 109 beginning Monday, Nov. 25. Letters will be mailed Dec. 8-12 to ensure arrival before Christmas.

No letters will be accepted after Friday, Dec. 12. For more information call 841-7196.

Flu shots this month

Flu shots will be given in the conference room of Building 690 on Nov. 24 from 8:30 a.m. to 10 a.m., Karen L. Peckham, Command Support Department, has announced.

Shots are mandatory for all military personham Administrative Officer, Command Support nel and will also be offered during this time to civilian employees as well.



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Newport Navalog, Friday, November 21, 2003

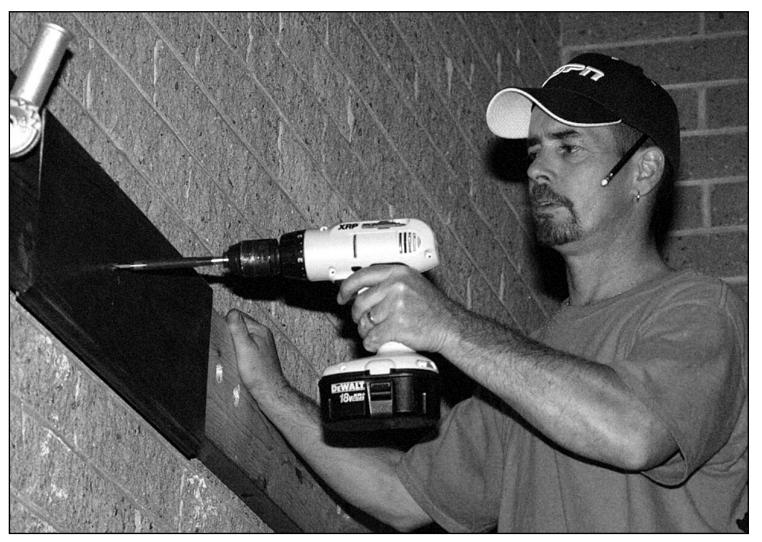
War College in good hands



Ron Fontaine/U.S. Navy photo The Naval War Colcomplex, lege including Luce Hall and Pringle Hall, far overlooking **Dewey Field date** back to 1884 and constant require maintenance and upkeep. The oldest building on campus dates to 1820.

Ralph Gould, Naval War College Facilities Department, secures an oak frame in Spruance Hall auditorium, Naval War College, to hold international flags. Maintaining the college campus buildings, some 120 years old, is a daily task.

PHC Bob Inverso/U.S. Navy photo



Facilities Department is professional grade

By Lt. DAVID AUSIELLO

NWC Public Affairs Office

hances are if you were 120 years old, your body would probably require some significant maintenance to function every day. A quick tour of the depths of the Naval War College would give its tenants an incredible appreciation for the considerable amount of work accomplished on a daily basis to keep this century-plus college looking so good.

"The professional work that they do is amazing," said Lt. j.g. Seth Mangasarian, assistant director of facilities. "All of them are intimately familiar with the different and complex systems that make the Naval War College run."

The people Mangasarian is talking about are the members of the Facilities Department at the Naval War College. They are the people who can fix just about anything — except computers. They leave that to the computer gurus.

This past fiscal year alone, the Facilities Department answered trouble calls over 2,000 times. Many people at college never think about how their doors get fixed or walls get painted.

"Everyone knows that if you need something fixed, or if something is leaking, that our Facilities Department will get the job done," said Capt. John Meyer, Naval War College Chief of Staff. "They cover the whole gamut of repairs. I wish I could use them at home."

Often repairs are accomplished and NWC tenants are unaware that anyone has been in their spaces.

"Their ability to shift priorities at a moment's notice gives us the flexibility to respond to major problems immediately," said Mangasarian. "A lot of times things break after-hours. We do a lot of work when nobody is around."

There are 27 members of the facilities department — far too many to mention them all in this article. How-

ever, the director of maintenance, Len Michaels, bragged about all of them.

Michaels, who arrives at work at 5 a.m. to do a complete walk-through of the complex, calls his crew some of the finest people going.

"They are very diligent — they always go one step beyond what is required to make sure the job looks good."

Five things were readily apparent with the members of the department:
1) They know and love their jobs; 2)
Some have heavy accents; 3) They work well together; 4) They don't like the Yankees, and; 5) They are grateful

FACILITIES, Page 9

Newport Navalog, Friday, November 21, 2003

ω

Facilities

Continued from Page 8

to be working at the War College.

"I'm just fortunate to be here at this historic establishment. Everyone is always cordial. They go out of their way to say thank you," said Dave Pinkham, an electrician.

Pinkham, who started working at the college six years ago as a laborer, went to night school for three years to receive electrical training. According to Michaels, Pinkham is a perfect study in what diligence can do.

Although most of department members are Red Sox fans, there is a Yankee fan in the group— Steve Malvey. Malvey has a few fans himself, as he is not only a laborer with 26 years of experience, but he is also the winner of 123 Special Olympics medals. He has competed in golf and skiing events at both the national and international level.

While the group likes to joke about sports, they take their jobs very seriously—especially when the seasons change.

"The beginning of any season always presents us with the biggest challenge," said George Santos, a work center supervisor. However, even during the roughest weather periods, Santos was quick to point out that "the support of upper-management (makes the War College) the greatest place to work."

Last winter, the department had to deal with a lot of snow, typical in New England. Unlike most residents, though, these workers had to clear parking lots in addition to their own driveways.

Bob Larocque, a gardener and expert in snow removal, estimated the crew spread over 6,200 pounds of ice melt throughout the grounds of the Naval War College. They had no fancy mechanical spreaders to do the work, and had to remove a few tons of snow first.

From the creativity of gardening to the intricacies of air conditioning maintenance, the Facilities Department at the Naval War College is ready for any job and any challenge that Mother Nature may have in store for them. Hopefully for them, Mother Nature is kinder to them than the hated Yankees were to their beloved Red Sox.



PHC Bob Inverso/U.S. Navy photo
Bob Eckert of the
Naval War College Facilities
Department cuts
off portions of a
railing in Pringle
Hall.



PHC Bob Inverso/U.S. Navy photo **Bob Mullin paints around a doorway in Pringle Hall.**



Ron Fontaine/U.S. Navy photo

Dave Pinkham checks the circuit breakers on the electrical panel in Conolly Hall.

Watch NFL at the clubs

Looking for the best place to watch the game on Sunday? Head over to the Topside Pub, at the Officers' Club or the Enlisted Lounge at the Recreation Center and you can see great games every Sunday!

The Morale, Welfare and Recreation Department clubs have your NFL Sunday Ticket to see all the teams, all the plays, and all the action! The doors open at both locations at noon, so

head over and grab your seat early!

The pub menu is available from noon to 7 p.m. at both facilities. As always, free peanuts and popcorn are available at the Topside Pub, and patrons can enjoy free hot dogs at half time at the Enlisted Club.

For more information, call the Officers' Club at 841-4821 or the Enlisted Club at 841-2575.

Officers' Club

(Building 95, Phone 841-4821, 846-7987 or 849-3693)

Today: Lunch, 11 a.m. to 1:15 p.m., first deck, buffet-style selections.

Tonight: Kick off the weekend with complimentary hors d'oeuvres in the Topside Pub from 5 to 7 p.m. Order your favorite beverage or something from the pub menu, available until an hour before closing.

Saturday: Topside Pub opens at 4 p.m. Full pub menu available until one hour before closing

Upcoming Events:

Advance tickets may be required for the following events. Gratuity is included in all ticket prices and there is no charge for children age 3 and under at special events. Tickets are available at the Officers' Club Gift Shop during normal hours of operation or by phone using Visa or MasterCard.

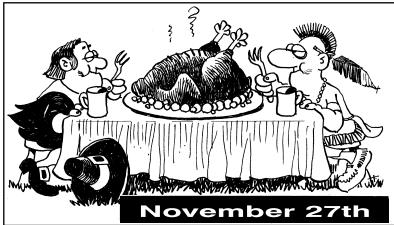
To purchase tickets or for more information, call 846-5111 or 841-4821.

All-hands Thanksgiving Buffet: Make the pilgrimage to the Officers' Club for a feast that your family will give thanks for, the annual Thanksgiving Day Feast on Thursday, Nov. 27.

Enjoy an abundant appetizer and salad bar, dozens of delicious entrees, homemade breads and rolls, and a decadent pastry and dessert bar for just \$24.10 for adults, \$11.45 for children 4 to 12 (children 3 and under are free).

The buffet will be served from 11 a.m. to 3 p.m. All ticket prices include gratuity and seating times must be requested when purchasing tickets. Purchase tickets at the Officers' Club Gift Shop during normal hours of operation or by phone at 846-7987, using Visa or Master-Card.

Leftovers lunch: Leftovers are the best part of Thanksgiving dinner, so plan to enjoy a delicious turkey buffet at the Topside Pub at the Officers' Club on Friday, Nov. 28, the day after



all the teams, all the plays, and all the action! The doors open at both leastings at page at page at page.

LET'S TALK TURKEY — Make the pilgrimmage to the Officers' Club for a feast on Thanksgiving Day on Thursday, Nov. 27. More information this page.

Thanksgiving. For just \$8 per person, this evenbetter-the-second-day buffet will offer an allyou-can-eat feast including dessert – while it lasts – from 11 a.m. to 2 p.m. Please note that the regular lunch menu will not be available today. For more information, call 841-4821.

Holiday dinner show features Nutmeg & Mistle-Two: Welcome the holiday season with a fabulous dinner show on Friday, Dec. 5, featuring a sumptuous, traditional Christmas buffet dinner and an extra special performance of Nutmeg & Mistle-Two by Matthew Quinn and Friends.

Beginning at 6 p.m., enjoy delicious cocktails and hors d'oeuvres followed by served crab bisque and waldorf salad. Next, you will be invited to the dinner buffet, featuring carved prime rib, clove-baked ham, fresh roasted turkey, lobster Newburg, holiday stuffing, potatoes, seasonal vegetables and more! Save room for dessert–fresh-baked holiday pies served warm and a la mode, if you like! After dinner, enjoy the entertaining, jazz-oriented show, Nutmeg & Mistle-two. This festive holiday event is sure to lift your spirits and get your whole body moving!

Tickets, including gratuity, are \$26.95 per person and may be purchased at the O'Club Gift Shop or by phone with Visa/MC. To purchase tickets or for more information, call 846-7987.

Enlisted Lounges

(Recreation Center, Building 656, phone 841-3054)

Today: Lunch served from 11 a.m. featuring sandwiches, burgers, soups and salads and creamy white New England-style clam chowder. Lunch is open to all hands and Department of Defense civilians are always welcome. Call for advance order take-out. No home delivery.

Also, enjoy complimentary unlimited use of the pool tables from 1 to 5 p.m.

Tonight: Kick off the weekend with a rockin' good time! Head over to the Recreation Center, Building 656, every Friday and kick off the weekend with a fabulous TGIF party!

Starting at 5 p.m., you are invited to enjoy complimentary hors d'oeuvres, sip refreshing beverages, and listen to the coolest tunes, spun by a rocking DJ from "Get With it Productions."

This is the perfect way to unwind after a long week, so mark your calendar, tell your friends and get ready to kick off the weekend at the Recreation Center.

Information, Tickets and Travel

Riverdance returns to PPAC

Riverdance, the internationally acclaimed celebration of Irish music, song and dance that has touched the hearts of millions around the world, returns to the Providence Performing Arts Center on Sunday, Dec. 7. Information Tickets and Travel is pleased to announce tickets available for the 1 p.m. performance in the orchestra section.

Tickets are \$58 per person. For more information or to purchase tickets, call ITT at 841-3116.

P- Bruins vouchers available

The Information, Tickets & Travel Office, Building 656 has discount ticket vouchers for all regular season Providence Bruins home games. The vouchers cost just \$13 each and are easy to redeem—simply take them to the Dunkin' Donuts Center Box Office or redeem by mail for the best available seating.

These vouchers would make a terrific gift for the sports fan in your family, but at just \$13 each there doesn't need to be a special occasion! Stop into the ITT Office and pick up your vouchers and a game schedule today! For more information, call 841-3116.

New York attractions at discount

The MWR Information, Tickets and Travel Office is pleased to announce the arrival of discount tickets to some of New York City's hottest attractions!

Visit the ticket office in the Recreation Center, Building 656, and pick up tickets to Madame Tussaud's Wax Museum, the NBC Studio Tour, Grayline Sightseeing Tours and the Intrepid Air, Sea and Space Museum, all at an affordable price!

Auto Skills Shop

Get your car ready for winter

Now is the time to get your car in shape for winter. Visit the Auto Skills Shop, Building 304, and winterize your car to insure its safety and dependability all season long!

The automotive professionals can rotate and balance your tires, install snow tires, change your oil and filter, inspect your wiper blades and more. Also, remember to clear snow and ice off your entire car, including the hood, roof and headlights—it's safer for you and others.

The shop is open Tuesday through Friday from 11 a.m. to 7 p.m. and on Saturday from 9 a.m. to 5 p.m. Call 841-3026 for more information.

Get grime off your car!

Get your vehicle in top shape with a visit to the indoor car wash bay at the Auto Skills Shop, Building 304.

For just \$2.50 you can safely wash your vehicle indoors instead of taking it through a potentially paint-damaging automatic car

If you just need to clean the inside of your car, make use of the powerful outdoor vacuums. They are available 24-hours a day. For more information, call 841-3026.

Give your car some TLC

It's a great time to visit the Auto Skills Shop, Building 304, and have the automotive professionals perform the routine maintenance your car needs to keep running straight through winter.

They can rotate and balance your tires, change your oil, inspect your windshield wipers and more. The services are performed quickly and inexpensively, saving you both time and money. Routine maintenance is the best way to keep small problems from growing into large, costly ones.

Call 841-3026 or visit the automotive professionals at the shop for more information.

lewport Navalog, Friday, November 21, 2003

Youth/special fitness activities

(Gym 109, 841-3154)

• Youth fitness program: Eligible youth wishing to utilize Morale, Welfare and Recreation Department fitness facilities (Gym 109 and FITNESS Plus) are required to take a mandatory resistance and aerobics training class prior to entering the facilities during the designated times.

This class is required for youth ages 10 to 15, and is also available for 16 and 17-yearolds that may also choose to participate in the fitness assessment program instead.

The Youth Fitness Class is available on an individual basis by pre-registering at Gym 109 or FITNESS Plus in Building 355. Parents are required to be in the building where the course is being held during all class sessions.

Complete details on this program and youth fitness policies are available at Gym 109. Call 841-7196 for information or to pre-register.

• MYA Basketball Clinic: Children ages 4 to 15 are invited to learn or brush up on basketball skills at the Military Youth Activities (MYA) Basketball Clinic.

Two sessions will be held on Saturday, Dec. 13, from 9 to 10:30 a.m. for ages 4 to 9 and 11 a.m. to 12:30 p.m. for ages 10 to 15 on the basketball courts at Gym 109. There is a \$5 fee per child.

Children will learn general rules and regulations. Basic skills like passing, dribbling and shooting will also be taught. Parents must remain in the gym for the entire session. Registrations will be accepted at Gym 109 Monday through Friday, 8 a.m. to 4:30 p.m., until Dec. 5. For more information, call Jeff Dunn at 841-7196.

• MYA Basketball: Youth ages 4 to 15 are invited to register for winter basketball which begins on Jan. 10 and runs through March 20. Games will be played Saturdays and players will be notified of game location prior to game.

The cost is \$30 per child and registration ends on Friday, Dec. 5. Register at Gym 109, through Friday, Monday between 8 a.m. and 4:30 p.m. in the Athletic Director's office. try hits, and of course, today's

selections will be at Newport County YMCA on Valley Road. For more information, call Jeff Dunn at 841-7196.

Gymnasium

(Gym 109, 841-3154 or FIT-NESS Plus, Building 355, 841-

Massage therapy offered at Fitness Plus: Need to reduce muscular aches and pains? Or do you want to feel more relaxed?

A massage therapist will be available at Fitness Plus, Building 355. Body-Wise Therapeutic Massage will be offering a variety of services. Pick from Swedish relaxation massage, sports massage, trigger-tender is hopeful that the film, point therapy or deep tissue massage.

Techniques may be combined to best suit your needs. The prices for massages are: \$35 for a half-hour and \$60 for a full hour. For questions on massages, call 848-9825. To call for an appointment, call Gym 109 at 841-7196.

Intramural basketball: The Naval Station Newport Intramural Basketball League is scheduled Jan. 12 to March 19 and is open to active duty, retirees, reservists, dependents and Department of Defense civilians ages 18 and over.

Registration begins Dec. 8 and will be accepted Monday through Friday 8 a.m. to 4:30 p.m. at Gym 109 until Friday, Jan. 30. The league is divided into age categories for players 18 and over and 35 and over and games are played Monday through Friday evenings at 5:30, 6:30 and 7:30 p.m. on Courts 1 and 3.

For more information, call the Athletic Office at 841-7196.

Music/games

(Building 656, 841-3054)

• Lunchtime BINGO, Thursday and Friday only. Cover all the numbers on your BINGO card within the designated amount of numbers called and you will win \$500! If no one wins, play continues until a good BINGO is called, winning rate. that lucky person \$100.

day with \$30 prizes for every BINGO called. Jackpot game begins at 12:30 p.m.

 Karaoke, tomorrow, Nov. 22, 8 p.m. Showcase your talents with golden oldies, coun-All coaches meetings and team top tunes, beginning at 8 p.m.

Film 'Master and Commander' called historically accurate

By BRIAN S. CHI

Naval Historical Center Public Affairs

WASHINGTON (NNS) Historians, curators and muse-Naval Historical Center (NHC) and Naval Historical Foundation (NHF) recently had the Documentary History. opportunity to view Fox's

newest movie, Master and Commander: The Far Side of the World starring at a special 20th Century Fox and Navy screening in Arlington, Va.

Twentieth Century Fox which stars Russell Crowe, will be a blockbuster. The movie opened nationwide last weekend.

Many NHC and NHF members wondered if the movie would be historically accurate or pure Hollywood, and have any lessons for modern Sailors.

Master and Commander, based on British author Patrick O'Brian's set of 19th-century naval novels, follows Royal Navy Capt. Jack Aubrey (Crowe) and the crew of his ship HMS Surprize as they sail out to see the richness and strangeness of life on the far side of the world, against the backdrop of the Napoleonic Wars.

The HMS Surprize is actually the frigate HMS Rose, formerly homeported in Bridgeport, Conn. It is a replica of a Royal Navy man-of-war that harassed Rhode Island and the Providence Plantations port waters. during the Revolutionary

Newport and Rhode Island waters, but it is now owned by Fox Studios in California.

The movie was well received by the NHC members of the audience who deemed it, in The Naval War of 1812: A Docugeneral, very historically accu-

portrayal of life in a warship during the Age of Sail that has been produced in Hollywood. educator, has a unique insight The language, the uniforms, on 19th-century sailing having the rigging of the ship, the cus-recently spent two weeks on toms of the Royal Navy of that the U.S. brig Niagara on the

period, the portrayal of the Great Lakes, where the crew captain by Russell Crowe, all seemed quite authentic to me." Dudley is a recognized authority on early 19th century um education experts from the naval warfare, and edited the ter's The Naval War of 1812: A

"It colorfully evokes life her sailing and handling were

ran the ship as if during the War of 1812.

"The Niagara is a brig, so she is smaller and designed differently than the ship used in first two volumes of the cen- Master and Commander, but all of the commands that I heard in the film with regard to



THE HMS ROSE, renamed the HMS Surprize, is featured in Russell Crowe's new movie, Master and Commander — The Far Side of the World. The Rose was a frequent visitor to New-

War. It has made many visits to aboard a warship in the age of the same that I heard, repeatsail," said Dr. Michael Crawford. Head of the Center's Early History Branch, which studies this period, Crawford is the editor of the third volume of mentary History.

Another Early History "I was impressed by Master Branch historian, Christine Three regular games each and Commander," said Dr. Hughes, said, "I liked the William S. Dudley, director of movie. I thought it gave a fairly NHC. "I think it was the best accurate depiction of naval life of the period."

Karen Hill, Navy Museum

edly," Hill said.

It was so well done that NHC senior historian Dr. Edward J. Marolda said, "One can see, hear, and almost smell what it must have been like for England's Jack Tars in the wooden sailing ships of the Nelsonian Age."

"I was impressed with the depiction of the combat scenes: the crew moving to and fighting at their battle stations, the working of guns below decks, the damage to ship and personnel from shot

CROWE, Page 13

Navy Prep caps perfect season on Nimitz Field

By ENSIGN SCOTT MEIS

Navalog contributor

Some fans will attribute the Naval Academy Prep School (NAPS) Rams' 2003 winning season to the recently constructed

Others will praise NAPS' new head coach Kendrick Clayton-Holmes and his talented coaching staff for putting together a

Nonetheless, one thing is for certain — this year's team is loaded with raw talent.

RUN WITH ME—Fullback back Adam Ballard exciting defensive outing. leads a column of Mor-School goal line last Sat- in the season. urday at Nimitz Field.

The Rams' remained undefeated at home this season after pummeling the Morrisville State College Mustangs, 50-6, last Saturday. In an impressive team effort, the Rams' defense held its opponents to 207 total yards, enabling the offense to tally up 407 yards on the ground and 43 yards in the air.

Morrisville opened up the game with a 37-yard run, but was shut down after attempting to convert on fourth down near its end zone.

Three additional interceptions by defensive backs Robert Spalding, Greg Thrasher and Reece McDonald contributed to an

The Mustangs poised to be a risville State College formidable threat before the defenders toward the game, having soundly beaten Naval Academy Prep teams that the Rams lost to earlier

> "I was very proud of how our team played, especially our special teams coached by Jay Jones,"

commented Kendrick-Holmes. "This team has left a legacy for next year's NAPS team to live up to on an undefeated home field," he said.

The Rams' tentative season ending game with Air Force Prep in Colorado Springs, Colo., has been scrapped.

Intramural flag football

The Naval Station (NAVSTA) 18-6 Newport Intramural Flag Football League single elimination tournament results for Rounds 1 and 2 follow:

Elimination playoffs for REDCOM One def. Mando Round 3 were held Tuesday night, and the final game of the winners was scheduled for Wednesday night, weather permitting.

Round 1 Nov. 4

Admirals def. Devils, 24-7 Old Goats def. Law Dawgs, 21-

PSD Nighthawks def. DH 175, Devils.....1-6

REDCOM One.....5-2 Mando Commandos......3-4 PSD Nighthawks.....2-5 Admirals.....2-5 Old Goats.....2-4

Round 2

Nov. 17

Spanky & the Platters def.

Season standings

Spanky & the Platters.....7-0 Law Dawgs.....5-3

Admirals, 30-24

Commandos, 26-14

The Naval Academy Prep School football team gathers for a team photo after trouncing Morrisville State College, 50-6, last Saturday, and capping a 7-2 season.

Ensigns

Continued from Page 4

er-level certificate.

Completion requirements for commissioned officers are soloing before 15 flight hours, a minimum of three solo flights including a solo cross country, and completing 25 flight hours in 60 days. SNPs must complete IFS before starting Preflight Indoctrination (PI) at Pensacola, Fla.

Flight training must be conducted at a Federal Aviation Regulation (FAR) Part 141

pilot school. New Horizon Aviation at T.F. Green Airport was the host school.

The ensigns recently left NAPS to report to Naval Aviation Schools Command in Pensacola early in December.

Newport County is a wonderful place to live year-round, but there's something extra special about this time of year. Homes and businesses put up holiday decorations, and gift lists take shape. Schools work hard on pageants, and choirs rehearse diligently for holiday performances. The weather turns brisk, but no one cares because it's all part of the holiday season Local residents make a habit of caring and sharing during the holidays, helping to ensure that no one is forgotten. This also is the time of year to revive Christmas, Hanukkah and Kwanzaa traditions and memories. With that in mind, The Newport Daily News announces its Holiday Spirit 2003 contest. This marks the 14th year of the annual contest, and its goal remains the same as in previous years. County residents of all ages are encouraged to share their thoughts on who or what best defines the holiday spirit for them. Entries should be short and legible, typed if possible, and should include the writer's name, address, telephone number and age, if appropriate We need to receive letters as early as possible. Deadline is Friday, December 5, at 4 p.m. Many of the entries will be published in the December 20-21 edition of The Daily News. You don't need to be a professional writer to win. We will award prizes to the three letters judged to be the best. First place will be awarded $^{\$}100$ We will award a $^{\$}75$ prize for second, $^{\$}50$ for third in keeping with the spirit of the season, the winners will split the prize with their favorite charities Send your letter to: E-Mail: News@NewportRI.com The Newport Daily News Holiday Spirit 2003, P.O. Box 420, Newport, RI 02840 Fax: 849-3306

2,

NWC

Continued from Page 3

Distance Education. All graduates will receive Master of Arts degrees in National Security and Strategic Studies.

The graduates are:

Graduates of College of Naval Command and Staff

Maj. Scott F. Benedict, U.S. Marine Corps

Lt. Cmdr. Robert H. Buckingham, U.S.

Lt. Cmdr. Robert A.H. Cady, U.S. Navy Lt. Cmdr. Christopher W. Chope, U.S. Navy

Lt. Cmdr. Michael S. Cruden, U.S. Navy

Lt. Cmdr. John J. Cummings, U.S.

Lt. Cmdr. Jeffrey E. De Bolt, U.S. Navy Maj. Peter J. Don, U.S. Army

Lt. Cmdr. Patrick J. Draude, U.S. Navy Lt. Cmdr. Stephen M. Fimple, U.S.

Lt. Cmdr. Kevin S.Gillam, U.S. Navy Lt. Cmdr. Arlene J. Grav, U.S. Navy Lt. Cmdr, Patrick M. Haller, U.S. Navy Lt. Cmdr. Robert G. Hanna, III U.S.

Lt. Cmdr. Demetrius J. Haynie, U.S. Navy

ment civilians in the College of Lt. Cmdr. Michael P. Huck, U.S. Navy Lt. Cmdr. Derrick Hutchinson, U.S. Naval Reserves

> Lt. Cmdr. Jonathan Lee Jackson U.S. Navv

Lt. Cmdr. Mark H. Jackson, U.S. Navy Lt. Cmdr. James G. Johnson, U.S. Naval Reserves

Lt. Cmdr. Darrell Lee Mathis, U.S. Navv

Lt. Christopher J. McConnaughay, U.S. Naval Reserves

Lt. Cmdr. Gary L. McKenna U.S. Navy Lt. Cmdr. Geoffrey C. Mones, U.S.

Maj. Ricardo O. Morales, U.S. Army Lt. Cmdr. Scott E. Mulvania, U.S. Navy Lt. Cmdr. Stephen Henry Murray, U.S.

Lt. Tuan N. Pham, U.S. Navy Lt. Harry T. Phelps, U.S. Navy

Lt. Cmdr. George Y. Philopoulos, U.S.

Lt. Cmdr. Stephen Ray Polk, U.S. Navy Lt. Cmdr. Gandolfo A. Prisinzano, U.S.

Lt. Cmdr. Craig M. Remaly, U.S. Navy Lt. Cmdr. Reinaldo Rivera, U.S. Naval Reserves

Lt. Cmdr. Rome Ruiz, U.S. Naval Reserves

Lt. Cmdr. Louis J Schager Jr. U.S. Navy

Lt. Cmdr. Todd Howard Scola, U.S. Navy

Lt. Cmdr. Timmy Smith, U.S. Navy Lt. Cmdr. Victor S. Smith, U.S. Navy Lt. Cmdr. Christopher M. Stamper, U.S. Navy

Lt. Cmdr. Christopher M. Stopyra, U.S. Navy

LT Brian C. Taddiken, U.S. Navy Lt. Cmdr. Peter A. Ulrich, U.S. Navy Lt. Cmdr. David E. Ward, U.S. Navy Lt. Cmdr. Douglas E. Wilcox, U.S.

Graduates of College of Naval War-

Keith E. Alexander Capt. Charles G. Belcher, U.S. Navy Lt. Col John E. Brence, U.S. Air Force

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Flu₋

Continued from Page 3

the cough and lack of energy can last vaccine remains the best way to prevent two weeks or more.

Children and teenagers suffering from flu-like symptoms should not take aspirin because of the possibility of Reye's syndrome. Some medicine labels may refer to aspirin as salicylate or salicylic acid. Children with Reye's syndrome start vomiting and become drowsy within a few days of becoming sick. This disorder can affect all body organs and lead to brain damage or death.

colds hasn't been developed, influenza tions, like heart disease and asthma.

and control the flu. The vaccine is given in late fall prior to the onset of the flu

Influenza and other viral infections do not respond to antibiotics used to treat bacterial infections.

Healthcare providers will treat cold and flu complications, such as sinusitis, ear infections and pneumonia, a bacterial infection that may require antibiotics. For some people, colds and flu can While an effective vaccine against aggravate underlying medical condi-

Sailors

Continued from Page 4

Reduction Gear Factory tour, the highlight of the course.

A skilled and dedicated instructor, Leikam provided additional classroom help to students during his off-duty time to help them complete their basic and advanced steam engineering cours-

Petty Officer Leikam is also highly involved within the community. His local service efforts include membership in The Big Brothers of Rhode Island, where he contributes time as a positive role model for young children at Warwick Elementary School.

ond Class Tanya Schroder was awarded monies.

arranged reliable transportation to the as the Junior Sailor of the Quarter for her outstanding professionalism and dedication to duty.

As a SWOS instructor, Schroder continuously demonstrated her extensive knowledge of the SPY-1D Radar system through her in-depth lessons and briefs.

Schroder also excelled in her collateral duties as assistant security manager, master-at-arms, recycling petty officer, and as a funeral detail member, where she honored those who have served before her with the utmost respect.

Her community service efforts include membership in the Special Olympics Rhode Island "Team Profit Joining Leikam, Fire Controlman Sec- Organization" through inaugural cere-

Crowe **Continued from Page 11**

and shell, the care of the wounded and the repair of the ship after battle," said Early History Branch historian Charles Brodine.

Master and Commander also did a fine job of illustrating how disguise and deception could be employed with effect in the age of sail," said Brodine. "Warships could and would change their appearance in order to fool the enemy, whether to make captures or elude battle. Numerous American captains used such 'ruses de guerre' with great effect in the War of 1812.'

All of this leads to the question of what, if anything was historically inaccurate about the film?

Hughes felt, "that Aubrey (Crowe's character) took more risks than was realistic for someone with an inferior vessel. Attempting a battle during a raging storm is a case in point."

'In general, the least accurate aspect is the concept that a French privateer would be built in Boston along the lines of one of our 44-gun frigates. Generally, privateers were not as well built as a U.S. Navy 44," said Dudley.

Though everyone enjoyed the battle scenes, "there would have been much more screaming and moaning by wounded men during battle," said Crawford.

In addition, "the flogging scene was unconvincing. The cat-o-nine-tails seemed to raise welts no bigger than a schoolmaster's switch would have caused, rather than tearing skin from the miscreant's back.'

The final NHC consensus was that Master and Commander is naval history, with a little "Hollywood" thrown in.

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Nearly 90 percent of the total 5,418 active-duty, Reserve and TAR [Training and Administration of the Naval Reserve] chief selectees have enrolled in the program. Many of the chiefs are completing more than just the required three courses, and since it is a yearlong program, the number of chiefs completing the training is still increasing daily. Chiefs without Internet access because of a deployment were given 60 days to complete the training upon return.

According to Master Chief Petty Officer of the Navy (SS/AW) Terry Scott (MCPON), the Navy anticipates a great return on this investment.

"This is the beginning of our investment in our future leaders. First and foremost, it provides knowledge and sharpens the skills that will serve these chiefs well into their future as deckplate leaders. Secondly, it exposes them to a new way of learning, and provides insight to the effectiveness and application of distance learning.

"This method of transferring knowledge to our Sailors will become more and more common as we continue our revolution in training," he said. "And it's essential that the chief petty officers who are taking us into the future, become familiar with it."

combination of both the Internet and NetCD(r) packets. the chiefs to access and log in for the training. The CD-ROM packets contained the course's multimedia files, which helped those with bandwidth limitations by avoiding the need to download the files.

This training offered the added benefit of introducing

many of the chief selects to NKO. Once they established their NKO account and logged on, the chief's NKO profile also served to log them into the Ninth House Network's training server, eliminating the need for a separate Ninth House Network login process.

"Setting up the training this way enabled us to provide the chiefs with a 'one login solution' and seamless NKO integration with the training," according to Senior Chief Electronic Technician (AW/NAC) Steven L. Pierce, the program's technical manager.

"We were able to track every student's progress through a database which fused data from the individual chiefs, NKO and the Ninth House Net-

Nation recognizes Native Americans

WASHINGTON (NNS) — The nation will take pause during November to recognize the patriotism and cultural heritage of Native Americans. The theme for this year's National American Indian and Alaska Native Heritage Month is "Strengthening the Spirit."

Throughout our nation's history, American Indians and Alaska natives have served with honor in the military. From scouting for Gen. George Washington to charging up San Juan Hill with Theodore Roosevelt's Rough Riders; from the trenches of World War I to the beaches of Iwo Jima, these professionals contributed significantly to both our national security and to our freedom. During the 20th century alone, five Native Americans earned the Medal of Honor.

"This month, we celebrate the contributions of the more than 8,100 American Indians and Alaska natives on activeduty in the Navy and the many others who wear the cloth of the nation in the Naval Reserves," said Vice Adm. Gerry Hoewing, Chief of Naval

the spirit of our Navy everyday through their pride, devotion, NKO provided the portal for honor and wisdom. We are a mind, one of our greatest richer, more combat capable Navy for having these skilled warriors on our team."

> Hoewing added that heritage months such as this are excellent venues to explore

to the chief selects through a Personnel. "They strengthen and appreciate the rich cultur- [Chief of Naval Operations] al diversity of the Fleet.

> "Our diversity is, in my strengths as a fighting force," he said. "What everyone brings in to the Navy, based on their own experiences and education is what we'll need to fight the enemy of tomorrow. CNO

calls it your 'personal tool box,'" said Hoewing.

"These are the factors that combine to make us who we are. And because they influence the way we approach problems, they help us make better decisions.

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